## **Bible References:**

Luke 11:2-4

1. The spiritual practices are meant to help me \_\_\_\_\_\_ after God, so as to come to better \_\_\_\_\_\_ him relationally, and as a result of that knowledge come to \_\_\_\_\_\_ him, and then \_\_\_\_\_\_ him, more and more.

2. Prayer is \_\_\_\_\_, communicating with \_\_\_\_." Dallas Willard

(Use the space below each part of the prayer to take notes on the different ways to pray based on the different movements in Jesus's prayer.)

Father,

may your name be honored.

May your kingdom come.  $^{\rm 3}$  Give us each day our daily bread.

 $^4$  Forgive us our sins, as we also forgive everyone who sins against us. Keep us from falling into sin when we are tempted. Luke 11:2-4 NIRV

## **Reflection Questions:**

- Prayer is <u>conversing</u>, communicating with <u>God</u>." -Dallas Willard. Do you agree or disagree with Dallas' definition and why?
- What are your thoughts about the idea that much of what makes for a functional relationship or a dysfunctional relationship with a person here on earth will make for a functional or dysfunctional relationship with God in heaven?
- Do you tend to think about God as an impersonal force or too busy to be bothered to hear from you? Or do you think about Him as a caring father?
- What are ways that you could honor God in prayer? What are ways that you do that now?
- Do you ever feel guilty asking God to do things for you or give things to you?
- Do you struggle with wanting your kingdom rather than His or wanting more than your daily bread?
- Do you ever struggle asking God for forgiveness? If so why? If not, why?
- Does Jesus's instruction to "Forgive us our sins, as we also forgive everyone who sins against us" ever make you uncomfortable?
- Which aspect of prayer do you need to work on most right now?

Prayer Guide Link: <u>4fcc.org/events/pray</u>