

FALL 2023 GROWTH GROUP OVERVIEW

Fall 2023 includes three distinct content sections; a September section, a Fall Church-Wide, and an Advent section.

Fall programming will begin on September 10. The Fall Church-Wide will begin October 8. That gives groups that plan to start meeting before the church-wide four weeks to gather together. The Fall Church-Wide is six weeks long and wraps up the week of November 12. That should give you four to five weeks before Christmas for your group to do another series. Below you will find our suggestions for how to utilize all three parts of the fall season.

SEPTEMBER SEPTEMBER 10 – OCTOBER 1 THEME: SPIRITUAL FORMATION/LIFE APPLICATION

Our Suggestion: <u>Holy Habits by Derwin Gray</u> (4 weeks)

This four-week series, led by Derwin Gray, focuses on four rhythms of life that help ground us in our faith while also helping us live as a witness to the Kingdom of God. This study uses 10-to-15-minute video lessons and provides a leader guide to help group leaders facilitate discussion. This study is a great companion to the sermon series that will be happening during this season.

Alternate Suggestion #1: Watch Your Mouth by Tony Evans (4 weeks)

This four-week series, led by Dr. Tony Evans, focuses on how we use our speech. The series strives to help us think about how we can wisely use our speech. If you want to use this series, please let pastorjames.bryde@4fcc.org know so that he can order a leader guide for you.

A Book: The Life You've Always Wanted by John Ortberg

If your group is full of ambitious readers, they can break it up into 4 weeks. Otherwise you can read and discuss the first three chapters and then pick it back up after the Fall Church-Wide or in the spring. The first three chapters provide a framework for thinking about spiritual formation. The next 10 chapters give easy to read explanations of key spiritual practices. This is a great book to read as a group. There is a study guide your group can use at the end of the book.

FALL CHURCH-WIDE OCTOBER 8 – NOVEMBER 12 THEME: LIFE APPLICATION

Our Suggestion: Church-Wide Series

Our Fall Church-Wide focuses on the stories Jesus told. We will be looking at 7 of Jesus stories to see what they mean and how that matters for us. We will email you the links to the teaching videos and copies of the leader and participant's guides.

ADVENT NOVEMBER 19 – DECEMBER 24

Our Suggestion: Do one of the following Advent Series

- Advent by Derwin Gray (5 weeks)
- Advent by J.D. Grear (4 weeks)

A Flexible Meeting Schedule Suggestion: Meet 3-4 times with your group to help build deeper relationships.

Try doing a few of the following options:

- Plan a fun event for your group to do together (top golf, escape room, karaoke, board game night, etc.) Make sure to have other people in your group help with the planning.
- Have a Christmas Party at one of your group members' homes. Ask everyone to bring some food. You could watch a Christmas movie together, have a spirited match of Christmas trivia, or bust out a game of Christmas charades.
- Plan a way for your group to serve together at one of our various Christmas serving opportunities. Ask Pastor James for some suggestions of where you can serve together.
- Have your group gather and watch <u>this sermon by Matt Chandler</u>. Allow people to share their thoughts. Spend time praying together.